

**SPORTS AUTHORITY OF INDIA
NETAJI SUBHAS NATIONAL INSTITUTE OF SPORTS: PATIALA**

**ONLINE COACH EDUCATION PROGRAMME – SYLLABUS
WINTER SPORTS**

S. No	Topics	Contents
1.	Introduction to winter sports	Ancient History Modern History Indian History and Development of Winter Sports in India
2.	Winter Olympic Games	Olympic Venues Olympic History Future Olympics
3.	Winter Sports Global Footprint	International winter sports Federations recognized by IOC Olympic Disciplines Number of medals at the Olympic winter games
4.	Ski and Snowboard	International Federation Disciplines at the Olympics Disciplines practiced in India National games venues in India International events in India
5.	Ice Hockey	International Federation Olympic match format Team composition Equipment used Venues in India National team accomplishments
6.	Ice Skating	International Federation Olympic disciplines Equipment components Role of technology Equipment used Venues in India
7.	Luge	International Federation Disciplines Equipment Role of technology Natural track vs artificial track National team accomplishments
8.	Bobsleigh and Skeleton	International Federation Disciplines Equipment Speed

9.	Biathlon	International participation About the sport Disciplines
10.	Curling	International Federation History Rules Events
11.	Winter Sports in India	Recognized national federations – IOA Indian Olympic Athletes Winter Sports Hubs in India
12.	Transition	Similarities between summer and winter disciplines International athletes who have competed in summer and winter Olympics
13.	Athletes	Indian athletes in the following sports Luge Alpine Ski Nordic Ski Short Track Speed Skating Long Track Speed Skating Figure Skating Ice Hockey men Ice Hockey women
*****	Resources	https://www.olympic.org/news/birth-of-the-olympic-winter-games https://www.britannica.com/sports/Origins-of-the-Olympic-Winter-Games https://study.com/academy/lesson/winter-olympics-history-sports.html https://www.history.com/this-day-in-history/first-winter-olympics https://time.com/4993522/first-winter-olympics-1924-chamonix-france/ www.olympic.org/sports www.fil-luge.org www.fis-ski.com www.ibsf.org www.biathlonworld.com/about-biathlon/ www.worldcurling.org/about/curling www.iihf.com/en/statichub/4719/rules-and-regulations https://www.bbc.com/sport/winter-olympics/sports